

Pasadena Villa®

Psychiatric Treatment Network



Overview and Clinical Outcomes

Admissions and Referrals 866.482.1963



WHO WE ARE

For over 25 years, Pasadena Villa has treated mental health conditions for all genders ages 18 and older, along with a specialty residential program for autistic clients. Pasadena Villa doesn't just focus on the presenting condition, but rather on the underlying disorders by utilizing a comprehensive whole-person approach that serves at the foundation for true client-centered care.

LOCATIONS

- The Villa - Orlando, FL
- Smoky Mountain Lodge - Sevierville, TN
- The Stables Autism Program - Sevierville, TN

LEVELS OF CARE

THE VILLA - ORLANDO

- Intensive Residential Treatment
- Partial Hospitalization Program (PHP)*
- Intensive Outpatient Program (IOP)*

SMOKY MOUNTAIN LODGE

- Intensive Residential Treatment
- Partial Hospitalization Program (PHP)*

THE STABLES AUTISM PROGRAM

- Residential Treatment

** Housing available if needed.*



WHAT WE TREAT

Pasadena Villa specializes in the following conditions and disorders:

- Anxiety Disorders
- Mood Disorders
- Thought Disorders
- Autism Spectrum Disorder/Asperger Syndrome
- Co-occurring Substance Use Disorder or Addiction
- Psychosis
- Underlying Trauma

OUR METHODS

We offer five primary clinical pathways, including: Mood Disorders, Thought Disorders, Anxiety Disorders, Autism Spectrum Disorder/Asperger Syndrome, and Co-occurring Disorders.

Our program is firmly rooted in evidence-based treatment methods with treatment plans specific to each client's needs. In tandem with our Social Integration Model™, which enables clients to put skills learned into practice with the support of their therapist, our clinical team uses multiple therapeutic modalities, including:

- Dialectical Behavior Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Acceptance and Commitment Therapy (ACT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Psychiatric Medication Evaluation and Management
- Individual Psychotherapy Sessions
- Family Therapy
- Listen-Empathize-Agree-Partner (LEAP)
- Seeking Safety
- Matrix Model

Additional therapies include:

- Recreational Therapy
- Art and Music Therapy
- Animal-assisted Psychotherapy



Pasadena Villa is a nationally recognized mental health treatment network with clinically excellent residential facilities located in picturesque locations in Tennessee and Florida. While 2020 tested us, and the world, in ways we could have never imagined, the need for evidence-based care and compassion was never more apparent. I'm extremely proud of how Pasadena Villa didn't let our clients, families, and clinical partners down during such a challenging year while continuing to outperform the nation through the outcomes that helped our clients progress on their road towards lasting recovery.



Angel Piper

CEO, Pasadena Villa Psychiatric Network



OUR MISSION

Pasadena Villa is committed to providing compassionate, comprehensive, and the highest quality individualized psychiatric and psychotherapeutic care for adults who suffer from severe and persistent mental illness while maximizing social functioning in the real world.

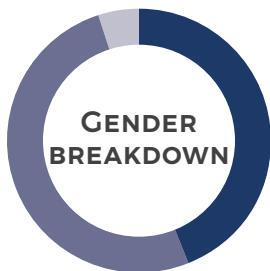


OUR TREATMENT PHILOSOPHY

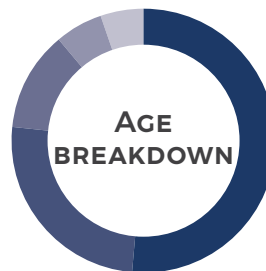
Pasadena Villa provides unique, superior, evidence-based mental health treatment not traditionally available within the care continuum especially for individuals with complex psychiatric conditions. We offer long-term, sustainable solutions to help our clients achieve optimal levels of health and independence.

PASADENA VILLA PATIENT PROFILE

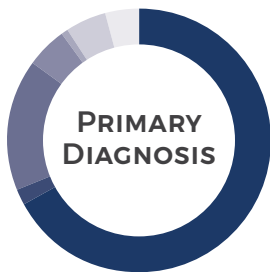
Recognized for clinically excellent care, Pasadena Villa utilizes a whole-person approach and individualized treatment plans customized to fit each client's specific needs. We treat mental health conditions for all genders ages 18 and older, along with a specialty residential program for autistic clients.



- **Male:** 44%
- **Female:** 51%
- **Other Gender ID:** 5%



- **18-25:** 58%
- **26-35:** 20%
- **36-45:** 11%
- **46-55:** 7%
- **56+:** 4%



- **Mood Disorders:** 67%
- **Substance Use Disorder:** 2%
- **Thought Disorders:** 16%
- **Trauma:** 5%
- **Personality Disorders:** 1%
- **Autism Spectrum Disorder:** 5%
- **Other:** 4%



- **Mood Disorders:** 49%
- **Substance Use Disorder:** 15%
- **Thought Disorders:** 2%
- **Trauma:** 14%
- **Personality Disorders:** 8%
- **Autism Spectrum Disorder:** 4%
- **Other:** 7%

● Average Length of Stay: 72 days

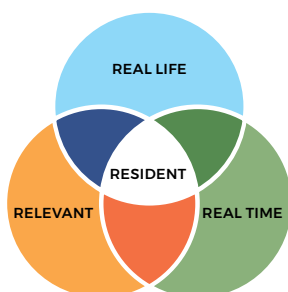


BASIS-24 EVALUATION

At Pasadena Villa, we use BASIS-24, a leading behavioral assessment tool, to identify a wide range of symptoms and problems that occur across the diagnostic spectrum using a five-point Likert scale. The 24 questions are scored using a weighted average algorithm that gives an overall score and scores for six subscales for the following domains of psychiatric and substance abuse symptoms and functioning: depression and functioning, relationships, self-harm, emotional lability, psychosis, and substance abuse. Throughout 2020, 512 clients participated in programming at Pasadena Villa with 251 completing the BASIS-24 assessment.

CARE INFORMED BY RESEARCH AND TRAINING

For over 25 years, Pasadena Villa has provided high-quality, evidence-based treatment for our clients with care and compassion. Our staff are highly trained and credentialed in their areas of expertise, and include master's level clinicians. We help clients further their opportunity for recovery utilizing our Social Integration Model™ which focuses on real-world application of the skills learned in treatment while under the supervision of our clinical team.



THE SOCIAL INTEGRATION MODEL™ DIFFERENCE

At the heart of our programs is our Social Integration Model, during which therapists enact real-time therapeutic interventions while their clients experience real-life situations. The Social Integration Model is used to ensure social and life skills treatment concepts are not only presented and reviewed, but are experienced in the moment. Professional guidance is then provided to help clients implement their newly learned skills.

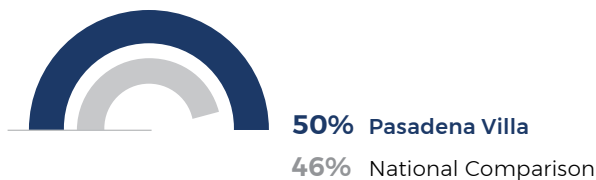
PASADENA VILLA OUTPACED THE INDUSTRY IN 2020

Pasadena Villa addresses each client's mental, physical, spiritual, and vocational needs. Our programs also incorporate a social integration approach to bring practical application of the skills learned to treatment and to provide clients with the best chance at recovery. Our programs go above and beyond to empower individuals and prepare them for life after treatment.

Pasadena Villa surpassed the BASIS-24 National Comparison Group across key symptom severity measures when compared to 74,730 cases from many similar organizations.

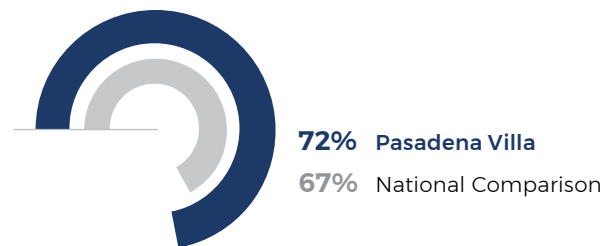
REDUCTION IN DEPRESSIVE SYMPTOMS

Clients at Pasadena Villa experienced a 50% average reduction in depressive symptoms and an increase in functioning (daily/role functioning and depression and anxiety symptoms).



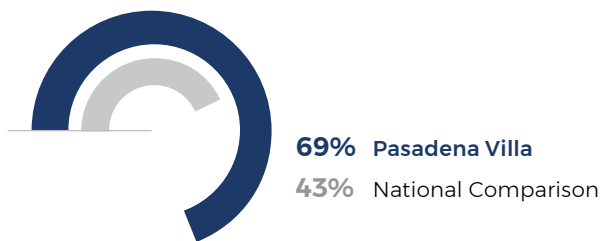
REDUCTION IN SELF-HARM

Clients at Pasadena Villa saw a 72% average reduction in thoughts about hurting themselves and/or ending their lives.



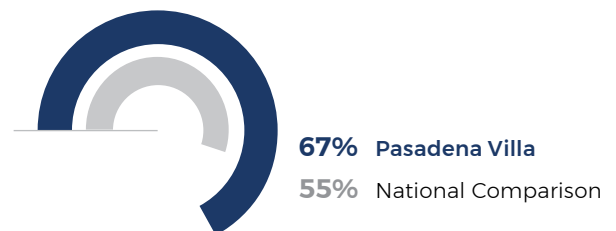
REDUCTION IN EMOTIONAL LABILITY

Clients at Pasadena Villa reported a 69% average reduction in mood swings, racing thoughts, and feeling short tempered at discharge.



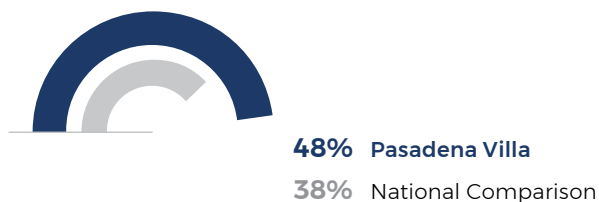
REDUCTION IN PSYCHOSIS

Clients at Pasadena Villa experienced a 67% average reduction of psychosis symptoms (hallucinations, paranoia, detachment, and disorganized thinking).



REDUCTION IN SUBSTANCE ABUSE

Clients at Pasadena Villa experienced a 48% average reduction in urges to drink, abuse substances, and problems with drugs or alcohol.



ADMISSIONS AND INSURANCE

The Pasadena Villa Psychiatric Treatment Network provides an intensive psychiatric treatment program that allows individuals to preserve their dignity as they find new ways to enjoy life's journey.

For more information on how we can help, call **866.482.1963**.



JOINT COMMISSION ACCREDITED

Pasadena Villa[®]

Psychiatric Treatment Network

Pasadena Villa Residential Locations

The Villa Orlando
119 Pasadena Place
Orlando, FL 32803

Smoky Mountain Lodge
3889 Wonderland Lane
Sevierville, TN 37862

The Stables Autism Program
1222 Goose Gap Road
Sevierville, TN 37862

pasadenavilla.com

Outpatient Centers

Learn More about our Expanding Network of Outpatient Treatment Centers
pasadenavillaoutpatient.com



Pasadena Villa is a proud part of the Odyssey Psychiatric Network.