



# *Pasadena Villa*<sup>®</sup>

*Psychiatric Treatment Network*

*The path towards living  
a happier life.*

## WHO WE ARE

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At Pasadena Villa, our clinical excellence is built on a foundation of evidence-based practices that prepare people for life after treatment. Pasadena Villa specializes in treating adults (18 years or older) who struggle with mental illnesses in our three residential locations and expanding network of outpatient treatment locations.

## WHAT WE TREAT

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Pasadena Villa Psychiatric Treatment Network specializes in the following conditions and disorders:

- Mood Disorders, including Bipolar Disorder and Major Depressive Disorder
- Anxiety Disorders
- Thought Disorders, including Schizophrenia & Schizoaffective Disorders
- Autism Spectrum Disorder/Asperger's
- Co-occurring Substance Use or Addiction
- Psychosis
- Underlying Trauma

## LEVELS OF CARE

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### The Villa Orlando

- Intensive Residential Treatment
- Partial Hospitalization Program (PHP)\*
- Intensive Outpatient Program (IOP)\*

*\*Housing available if needed.*

### Smoky Mountain Lodge

- Intensive Residential Treatment
- Partial Hospitalization Program (PHP)\*

*\*Housing available if needed.*

### The Stables Autism Program

- Residential Treatment

**Our mission is to relieve the stress  
that comes with assimilating  
back into everyday life.**



## OUR METHODS

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We offer five primary clinical pathways, including: **Mood Disorders, Thought Disorders, Anxiety Disorders, Autism Spectrum Disorder, and Co-Occurring Disorders.**

Our program is firmly rooted in evidence-based treatment methods with treatment plans specific to each client's needs. In tandem with our **Social Integration Model™**, which enables clients to put skills learned into practice with the support of their therapist, our clinical team uses multiple therapeutic modalities, including:

- DBT (Dialectical Behavior Therapy)
- CBT (Cognitive Behavioral Therapy)
- ACT (Acceptance & Commitment Therapy)
- EMDR (Eye Movement Desensitization and Reprocessing)
- Psychiatric Medication Evaluation & Management
- Individual Psychotherapy Sessions
- Family Therapy
- LEAP (Listen, Empathizes, Agree, Partner)
- Seeking Safety
- Matrix Model

Additional therapies include:

- Recreational Therapy
- Art & Music Therapy
- Animal Assisted Psychotherapy

## INSURANCE

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Smoky Mountain Lodge is in-network with BlueCross BlueShield, Cigna, Humana, Aetna, and Beacon Health Options. Pasadena Villa works on an out-of-network basis with many commercial carriers and offers private pay rates. Our outpatient treatment centers offer in-network, out-of-network, and private pay rates that may vary by state or location.

## ADMISSIONS & REFERRAL PROCESS

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The first step towards treatment is to call our admissions staff at 866.584.7578. During this call, we will work to obtain pertinent clinical and demographic information, and begin the assessment.

Pasadena Villa Psychiatric Treatment Network provides an intensive psychiatric treatment program that allows individuals to preserve their dignity as they find new ways to enjoy life's journey.

For more information on how we can help, call **866.584.7578**.



JOINT COMMISSION ACCREDITED

### **Residential Locations:**

The Villa Orlando  
119 Pasadena Place  
Orlando, FL 32803

Smoky Mountain Lodge  
3889 Wonderland Lane  
Sevierville, TN 37862

The Stables Autism Program  
1222 Goose Gap Road  
Sevierville, Tn 37876

[pasadenavilla.com](http://pasadenavilla.com)

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### **Outpatient Centers:**

Learn More about our Expanding Network of  
Outpatient Treatment Centers

[pasadenavillaoutpatient.com](http://pasadenavillaoutpatient.com)



**ODYSSEY**  
PSYCHIATRIC NETWORK

Pasadena Villa is a proud part  
of the Odyssey Psychiatric Network.