Pasadena Villa Psychiatric Treatment Network provides an intensive psychiatric treatment plan that allows individuals to preserve their dignity as they find new ways to enjoy life's journey.

For more information on how we can help you, please call 877.845.5235.

Pasadena Villa
Psychiatric Treatment Network

JOINT COMMISSION ACCREDITED
WWW.PASADENAVILLA.COM

THE VILLA ORLANDO
119 PASADENA PLACE
ORLANDO, FL 32803

SMOKY MOUNTAIN LODGE
3889 WONDERLAND LANE
SEVIERVILLE, TN 37862

OUTPATIENT CENTER-RALEIGH
206 HIGH HOUSE RD, STE 200
CARY, NC 27513

OUTPATIENT CENTER-CHARLOTTE
7300 CARMEL EXECUTIVE PARK DR, STE 100
CHARLOTTE, NC 28226

OUTPATIENT CENTER-MCLEAN
2927 JONES BRANCH DR, STE 450
MCLEAN, VA 22102

THE STABLES AUTISM CARE & SUPPORT
3889 WONDERLAND LANE
SEVIERVILLE, TN 37862

TRANSITIONAL LIVING & LEARNING CENTER
216 PASADENA PLACE
ORLANDO, FL 32803

WWW.PASADENAVILLA.COM
WHO WE ARE

We believe everyone can learn, grow, and recover. At Pasadena Villa, we have the responsibility to do whatever possible to prepare people for life after treatment. Pasadena Villa specializes in treating adults (18 years or older) who struggle with mental illnesses in four primary locations.

LEVELS OF CARE

The Villa Orlando

• Intensive Residential Treatment
• Community-Based Residential Treatment
• Day Treatment
• Supported Housing
• Case Management

Smoky Mountain Lodge

• Intensive Residential Treatment
• Partial Hospitalization Program w/housing
• Supported Housing

The Stables Autism Care & Support

• Intensive Residential Treatment

Outpatient Services

• Raleigh, NC
• Charlotte, NC
• McLean, VA
• Transitional Living & Learning Center, Orlando, FL

WHERE WE ARE

Our mission is to relieve the stress that comes with assimilating back into everyday life.

WHAT WE TREAT

Pasadena Villa Psychiatric Treatment Network specializes in the following conditions:

• Depressive Disorders
• Anxiety Disorders
• Schizophrenia and Schizoaffective Disorders
• Bipolar Disorder
• Psychosis
• Trauma
• Autism Spectrum Disorder/Asperger’s
• Co-occurring Substance Use or Addiction

OUR METHODS

Our program is firmly rooted in Pasadena Villa’s Social Integration Model. Social integration allows residents to take part in social, cultural, and recreational activities within the community, providing them with real life strategies in real time.

In tandem with Pasadena Villa’s Social Integration Model, we use multiple therapeutic modalities including:

• DBT (Dialectical Behavioral Therapy)
• CBT (Cognitive Behavioral Therapy)
• ACT (Acceptance and Commitment Therapy)
• EMDR (Eye Movement Desensitization and Reprocessing)
• Psychiatric Medication Evaluation
• Individual Psychotherapy Sessions
• Family Therapy
• Recreational Therapy
• Art & Music Therapy
• Animal Assisted Psychotherapy
• LEAP (Listen, Empathizes, Agree, Partner)
• Seeking Safety
• Matrix Model

Our caring professionals partner with clients and families to design a customized treatment plan specific to each client’s unique needs using four primary clinical pathways that incorporate social integration and our therapeutic modalities.

INSURANCE

Pasadena works on an out-of-network basis with many commercial carriers. Smoky Mountain Lodge is in-network with BlueCross BlueShield, Cigna, Humana, Aetna, and Beacon Health Options. Pasadena Villa Outpatient Center-Raleigh and Pasadena Villa Outpatient Center-Charlotte are in-network with BlueCross Blue Shield and Cigna. Pasadena Villa Outpatient Center-Charlotte ia in-network with Carolina Behavioral Health Alliance.

ADMISSIONS & REFERRAL PROCESS

The first step for treatment is to call our admissions staff at 877.845.5235. During this call, we will work to obtain pertinent clinical and demographic information, and begin the assessment.